

Crisis Center

Open 24/7/365

Call 456-2014 or 1-800-300-9558

if you are experiencing any of the following examples of a crisis:

- Thoughts of suicide
- Uncomfortable symptoms of mental illness
- Bereavement
- Situational stressors (financial, job loss, homelessness)
- Relationship difficulties
- Substance abuse
- Family concerns
- Parenting needs
- Feeling overwhelmed
- Depression or anxiety

Available Crisis Services

Telephone: Clients can call and speak to a trained Crisis staff member anytime. They will assess the situation and offer assistance or help refer the individual to valuable community resources and information.

Walk-In: Clients may come directly to the Crisis Center to meet face-to-face with a Crisis counselor to obtain treatment, referrals, or information. No appointment necessary.

Mobile: On-location support is available for emergency situations. Crisis staff will offer treatment, assistance to the hospital for evaluation, and other on-scene support.

Follow-up: Crisis Services will provide a follow-up program to assist individuals with support after initial contact. This can be done in-office or at the client's home.

SAFE Line: Youth in grades K-12 can receive safe, confidential, support to cope with issues such as bullying, thoughts of suicide, relationship problems, etc. This 24/7/365/ hotline provides live support from Crisis Services staff when they call 456- SAFE. www.studentsafeline.org.

Warmline: The Warmline is available to anyone who just needs to talk about any non-crisis issue and is staffed by a Peer Support Specialist. The Warmline number is 1-877-550-4007 and is currently available during the weekdays.

New Location

Crisis Services: 2560 West 12th Street

Crisis Residential Unit: 2556 West 12th Street

Crisis Residential Unit

Open 7 days a week 24 hours a day
2556 West 12th Street

456-2014 or 1-800-300-9558

Safe Harbor Behavioral Health's Crisis Residential Unit is a new community alternative to an inpatient mental health hospitalization. The Crisis Residential Unit is a voluntary program for adults who are experiencing a mental health emergency. Any person experiencing a mental health crisis will have the opportunity to be assessed for admission into the facility.

This **8 bed unit** is designed to be a **hospital diversion program**. The Residential Unit will be a place for residents to work on building supports with other community resources and work towards their goal of recovery. Residents will have access to quality 24 hour care.

The around the clock staff will include: the Director of Crisis Services, a Program Manager, Therapists, Registered Nurses, Prescribers, Aides, Peer Specialists and a Medical Records support staff.

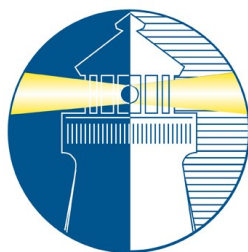
Safe Harbor's Mission has always been to promote "the health and enrichment of the whole person in a nurturing, recovery-focused environment with compassion, integrity, advocacy and innovation." Residents of the Crisis Residential Unit can expect all of these qualities to be present in the facility's home-like environment.

***Referral to Stairways Residential Treatment Facility for Adults (RTFA)**

Clients with a diagnosis of a serious mental illness in need of a more structured supportive environment could be referred to another residential treatment facility. Length of stay is from 1-30 days and is determined by the client's treatment team.

Crisis Services are available to anyone regardless of ability to pay. Medical Assistance is billed for those persons having the PA ACCESS card. The Department of Human Services provides funding for services for people not covered by Medical Assistance. There are no co-payments, monthly liabilities, or fees for Crisis Services.

We are committed to providing quality customer series through collaboration and teamwork at all times.



**SAFE HARBOR
BEHAVIORAL HEALTH**

Lighting the Way to Quality Behavioral Health Services